

## INVESTMENT IN EXCELLENCE - IMAGINE 21 Fast Track to Change

I am pleased to announce the debut to our agency of an exciting program called *Imagine 21 - Fast Track to Change*.

I will be facilitating the seminar. The program features Lou Tice who has been called one of the finest educators of our time. He is informative, enlightening and easy to listen to. More specifically, he has a wealth of solid information that will help you better understand:

- Why you think, feel and behave the way you do.
- How to increase your comfort level in new situations.
- How to improve your level of performance in any areas you choose.
- How to dramatically reduce your levels of stress, tension and anxiety.
- How to improve the quality of your relationships at home, at work and wherever you go.
- How to set and achieve goals that really make a difference in your life.

The seminar is divided into 33 units, which are presented in two sessions. Session I is three days in duration, while Session II is two days. The materials are supplemented by an eight-week, take-home audio program and Meeting-Starter videos for after-seminar support for your individual and group needs. This is a significant commitment of time; I assure you it is well worth it.

I have attended the Pacific Institute and have been a facilitator for the Institute for over 15 years. Several of the staff within our agency have attended Pacific Institute Seminars. Now, we want to share this exceptionally positive experience with you. I urge you to take advantage of this opportunity.

To attend, please, talk to your supervisor, complete a training request form, obtain the required signatures, call Geri Mason at (406) 846-1320 ext 2307; or email gmason@mt.gov to register and finally submit the signed form. Session enrollment will be limited to 15 students (sessions with less than 15 students will be cancelled).

## Below are the training dates:

## Session I

February 12-14, 2007 8:00 a.m. - 5:00 p.m.

Session II

February 15-16, 2007 8:00 a.m. - 5:00 p.m.

If you enroll and do not attend or do not cancel your registration 10 days in advance your Organizational Center will be charged the full price.

Cost for materials and supplies: \$268.00 per person

Location: Montana Law Enforcement Academy, 2260 Sierra Road East, Helena, Montana

If you would like additional information please give me a call (406) 444-7795 or drop me an email wore@mt.gov

Take care,

Winnie Ore, Chief Correctional Practices Bureau Montana Department of Corrections

For additional training opportunities, you may go to the DOC **Internet** web @ <a href="http://www.cor.state.mt.us/Resources/Training.asp">http://www.cor.state.mt.us/Resources/Training.asp</a>; or the DOC **Intranet** web @ <a href="http://mycor.cor.mt.gov/Human">http://mycor.cor.mt.gov/Human</a> Resources/Training/SchAnnForms.asp



This Class is Co-Sponsored by the Montana Correctional Association